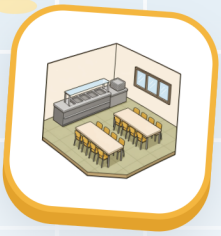
AT THE AFTER-SCHOOL CLUB

# Time for a snack

The same steps every day. Tick off one at a time.



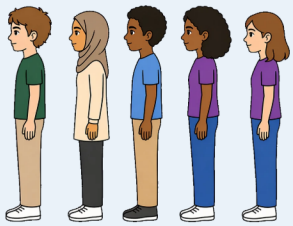
## How we do it one step at a time

1



**Wash hands**
With soap and water.

2



**Join the queue**
We wait our turn.

3



**Take food**
Just enough.

4



**Sit down**
At a free seat.

5



**Eat**
At a calm pace.

6



**Clear away**
The tray goes to the trolley.

## There is usually something from here



Crispbread



Apple



Yoghurt

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